

## How to Keep Your Sugar Glider Happy, Healthy and Safe

- Purchase a captive-raised animal because it is usually healthier, of known age, and has adapted as a companion animal.
- Take your sugar glider to an exotic animal veterinarian for a physical examination and fecal check for parasites.
- Keep environmental temperature between 70–90°F (21–32°C).
- Heat supplementation to an area of the sugar glider's cage is necessary in most homes.
- Frequently clean enclosure and nest box so feces and urine won't accumulate.
- Feed fresh food in the evening.
- Provide fresh water every day in a crock (elevated off the floor of the cage to prevent contamination) or sipper bottle
- Provide branches from non-toxic trees, such as apple or citrus, for climbing and chewing.
- Proper housing should include:
  - » Be as large as possible, at least 2 cubic feet in size (24 inches x 24 inches x 48 inches [61 x 61 x 122 cm])
  - » Have wire sides with spacing no more than 1 inch square (6.5 cm square) to prevent escape
  - » Have a wire bottom and pull out tray for easy cleaning
  - » Included a tamper-free enclosure door lock
  - » Provide nest boxes that are attached high in the enclosure
  - » Have shredded paper towels or recycled newspaper pelleted bedding material to line the nest box
  - » Have food and water crocks located away from trees or branches to prevent contamination
- It is important to prevent sugar glider from accessing:
  - » Excessive fat in the diet (peanuts, seeds)
  - » Chocolate, refined sugars
  - » Processed human foods with preservatives
  - » Pesticides and other toxins
  - » Tobacco and cigarette smoke
  - » Cedar, pine, or corn cob shavings
  - » Branches from toxic trees
  - » Bright lights or direct unfiltered/unshaded sunlight
  - » Excessive humidity
  - » Dogs, cats, ferrets and small children
  - » Unsupervised freedom in the home
  - » Rapid changes in temperature
  - » Uncovered light bulbs
  - » Heavily-scented candles

## Common Disorders of Sugar Gliders

Many common disease conditions in sugar gliders are the result of improper feeding. Visiting your exotic animal veterinarian for routine health checks will help prevent many diseases and support you in having a long, satisfying relationship with your sugar glider.

It is recommended that your sugar glider have bi-annual exam. However, if you notice your sugar glider exhibiting any of these signs or symptoms, please contact your veterinarian as soon as possible.

- Blindness/cataracts
- Burns (from landing on hot lamp bulbs)
- Diarrhea/Gastroenteritis/Constipation/Impaction
- Hind leg paralysis
- Intestinal parasites
- Malnutrition
- Obesity
- Pneumonia
- Self-inflicted wounds (particularly solitary animals)
- Stress-related disease:
  - » Behavioral signs such as pacing, self-chewing
  - » Coprophagia (eating fecal material)
  - » Hyperphagia (overeating)
  - » Polysypsia (overdrinking)
- Trauma
  - » Fractures
  - » Injuries

## Resources

- **Association of Exotic Mammal Veterinarians** (AEMV.com)
- **Lafeber Emeraid** (lafeber.com/vet/mammal-medicine)
- **Oxbow Animal Health** (oxbowanimalhealth.com)

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## How to Care for Your

# Sugar Glider



ASSOCIATION  
OF EXOTIC  
MAMMAL  
VETERINARIANS

To learn more, visit the Association of Exotic Mammal Veterinarians at [AEMV.com](https://www.aemv.com)

## ABOUT YOUR SUGAR GLIDER

*Sugar gliders are tiny marsupials that are native to New Guinea and Australia. They inhabit open forests, where they live in trees as family units. Sugar gliders move from tree to tree using their gliding membrane that extends from their fore paws to their ankles. In this respect only, they resemble the American flying squirrel. Their furry tail helps serve as a rudder and is somewhat prehensile.*

*Free-ranging sugar gliders are omnivorous. Their natural diet in the winter includes the “sugary” sap of various eucalyptus trees. During the rest of the year, they are primarily insectivorous, feasting on moths, beetles, insect larvae and spiders. Fruit is not a major component of the free-ranging diet. Being a marsupial, sugar gliders bear young that complete their development in an external pouch. Before purchasing a sugar glider, one should inquire about state and local laws regarding ownership and obtain proper permits or licenses.*

**Sugar gliders are very social animals and are best kept with at least one other sugar glider.**



## What to Expect from Your Sugar Glider

Sugar gliders make interesting pets. They are about the size of a hamster with soft fur. They are very social animals and are best kept with at least one other sugar glider. If kept alone, they require considerable playing attention and social interaction with their owners.

Being nocturnal, their eyes are very large, and they prefer dim lighting. They have specialized incisors designed to gouge trees to extract sap, so they need branches to chew. They have several distinctive vocalizations, from alarm yaps and hisses to low barking groans, screams and high squeaks.

### Is your sugar glider a male or female?

Check the lower abdomen for a pouch opening in the female or for the fur-covered testicles in the male; the bifurcated (forked) penis is located at the base of the tail. Males develop a scent gland on the forehead, which they may rub on the female's chest. Males also have anal glands and scent glands on the chest. Both sexes scent-mark territory in a freshly cleaned enclosure.

Sugar gliders breed relatively easily in captivity. The gestation period is only 16 days, at which time the infants make their way to the pouch where they attach to a nipple and stay for 2 months. Ten days after they emerge from the pouch they open their eyes. They wean a month after this, but remain in the parental nest. Males help with care and feeding of the babies.

### VITAL STATISTICS

TOTAL LENGTH: 11 inches (28 cm)

BODY LENGTH: 5 inches (13 cm)

BODY WEIGHT: 90–130 g

AGE OF SEXUAL MATURITY:

Males: 12–14 months

Females: 8–12 months

LIFE SPAN: 10–14 years

## Are sugar gliders tame?

Sugar gliders should be socialized by the breeder when they are very young. They usually are not provoked to bite, although they may investigate fingers with their mouth. Tame sugar gliders bond with their owners and like to ride around in pockets.

## What do sugar gliders do all day?

Sugar gliders sleep during the day and are active at night. Relative to other animals, their enclosure should be extremely large with many branches and perches for exercise. They should be let out of their enclosure every evening for supervised play with their owners. During the day, they need a wooden nest box or soft fabric pouch in which to sleep.

## What should your sugar glider eat?

Sugar gliders should be fed a variety of foods appropriate for insectivorous/carnivorous animals. A nutritionally balanced, pelleted kibble has been formulated specifically for sugar gliders and is commercially available; this can comprise up to 75% of the daily intake. The remaining 25% of the diet may be provided by fresh chopped vegetables and fruits, which are placed in the enclosure at night and removed in the morning. Alternatively, a commercially prepared insectivorous diet may be fed up to 50% of the total intake, particularly for active breeders, with the remainder supplied by fresh produce, including apple, grapes, mango, papaya, carrot and sweet potato.

Approximately 5–10% of the daily intake may include hard-cooked egg yolk or a variety of pet industry-raised insects (crickets, mealworms, waxworms, all fed calcium-enriched feed or dusted with a mineral supplement). Nectars formulated for lorries (a nectar-eating parrot) can be given as a fruit portion substitute or as an occasional treat.